Community Resources for Health & Wellness

Dial 2-1-1 for help finding more community health & human services.

This call is free, confidential, & available in any language. Search online: unitedwaync.org/nc211



ABUSE & SEXUAL ASSAULT

Safelight 828-693-3840 (24/7)

133 5th Ave. W. safelightfamily.org

English/Spanish services for survivors of family violence, sexual assault & child abuse.

True Ridge 828-205-1170

110 Edney St., Suite A. <u>trueridge.org</u>

English/Spanish services for survivors of family violence & sexual assault.

ADULTS & CHILDREN WITH SPECIAL NEEDS

Care Coordination for Children 828-694-6088

No cost for children ages 0-5 years with Medicaid or are uninsured & are at risk for health or developmental problems.

Exceptional Children Program 828-697-4733

Services for children & youth with Special Health Care Needs.

Family Support Network 828-213-0033

Lending library, parent-to-parent support, family groups, individual support navigating services.

NC Infant-Toddler Program 828-251-6091

852 Merrimon Ave. <u>beearly.nc.gov</u>

Evaluation & services for children, ages 0-3.

PREP Program 828-698-0674 ext. 162

851 Case St. <u>childrenandfamily.org</u>

Screening for children ages 3-5.

St. Gerard House 828-693-4223 620 Oakland St. stgerardhouse.com

Treatment for people of all ages with Autism Spectrum Disorder, learning disabilities, developmental delays, & other behavioral health needs. Support for families.

Vaya Health 800-849-6127 (24/7)

Connects mental health, substance abuse, developmental disabilities care providers with the community.

BEHAVIORAL HEALTH & SUBSTANCE ABUSE

Department of Public Health 828-692-4223 1200 Spartanburg Hwy. hendersoncountync.gov/health For eligible patients. Private insurance, Medicaid, sliding fee

Blue Ridge Community Health 828-692-4289 Multiple locations.

Walk-in for crisis counseling, psychiatry, addiction specialists. Private insurance, Medicare, Medicaid, sliding fee scale.

Family Preservation Services 828-388-1903 Multiple locations.

Services for mental health, substance abuse & developmental disabilities.

The Free Clinics 828-697-8422

Adult mental health care for the uninsured.

841 Case St.

Mobile Crisis 888-573-1006 (24/7)

Crisis help for behavioral health. No charge.

Vaya Health 800-849-6127 (24/7)

Connects behavioral health providers with the community.

BREASTFEEDING SUPPORT

Department of Public Health 828-692-4223 **1200 Spartanburg Hwy.** <u>hendersoncountync.gov/health</u> WIC, nutrition services, breastfeeding support.

CHILDREN & TEENS

AdventHealth Pediatrics 855-774-5433 100 Hospital Dr. adventhealth.org Health care. Private insurance, Medicaid, sliding fee scale.

Blue Ridge Community Health 828-692-4289
Multiple locations brchs.com

Private insurance, Medicaid, Medicare, uninsured.

Child Care Subsidy Program 828-697-5500 Vouchers for child care. hendersoncountync.gov/dss

Children & Family Resource Center 828-698-0674 851 Case St. childrenandfamily.org
Parent education, groups & assistance.

Department of Public Health 828-692-4223 1200 Spartanburg Hwy. hendersoncountync.gov/health Well child care, immunizations, KidFit, WIC. Private

Early Head Start
Child care assistance program.

828-693-1711
wcca.net

insurance, Medicaid, sliding fee scale.

Hendersonville Pediatrics, PA 828-693-3296 600 Beverly Hanks Ctr. hendersonvillepediatrics.com Private insurance, Medicaid.

Smart Start 828-693-1580

722 5th Ave W.Programs for children including free books & child care subsidies.

Teen Wellness Center 1200 Spartanburg Hwy.hendersoncountync.gov/health
Ages 12-19 years. Birth control, pregnancy tests, prenatal care,
HIV & sexually transmitted infection testing & treatment
(confidential); physicals, immunizations (parent's signature required). Private insurance, Medicaid, sliding fee scale.

CRISIS ASSISTANCE

Interfaith Assistance Ministry 828-697-7029 310 Freeman St. <u>iamhendersoncounty.org</u>

Heating assistance, crisis assistance, rental assistance, clothing closet, food pantry.

Rescue Mission 828-697-1354 639 Maple St. hendersonvillerescuemission.com

Emergency shelter, meals.

Salvation Army 828-693-4181 239 3rd Ave. E. salvationarmycarolinas.org

Clothing assistance, utilities assistance, insurance co-pays & prescription assistance.

DENTAL HEALTH

ABC Dental Center

200 Beverly Hanks Ctr., Suite A

Most insurance plans, Medicaid. Ages 1-18 years.

Blue Ridge Community Health 828-692-4289 2579 Chimney Rock Rd. brchs.com
Private insurance, Medicaid, Medicare, uninsured. Adults & children.

The Free Clinics828-697-8422841 Case St.thefreeclinics.org

Low-income, Medicaid, Medicare, uninsured adults. Call for appointment. Extractions only.

EDUCATION

Blue Ridge Literacy Council 828-696-3811
625 College Dr. <u>literacy Conject Register Language Sitizanchia</u>

Literacy, senior health literacy, English language, citizenship exam preparation, technology skills, workplace literacy.

Migrant Education Program 828-388-2881 Migrant children ages 3-21. Academic support, family needs. Free & confidential.

FOOD ASSISTANCE

Food SNAP Card 828-697-5500

Women, Infants, & Children (WIC) 828-692-4223
1200 Spartanburg Hwy. hendersoncountync.gov/health
Food for low-income people who are pregnant, postpartum, or breastfeeding, infants and children until age 5.

HOSPITAL BILL ASSISTANCE

Financial assistance for hospital bills.

Pardee 828-698-7306

pardeehospital.org

AdventHealth 800-347-5281

Call after receiving hospital statement. adventhealth.com

HOUSING ASSISTANCE

Hendersonville Housing Authority 828-692-6175 203 N. Justice St. hendersoncountync.gov/

WCCA- Section 8 Housing 828-693-1711 220 King Creek Blvd. wcca.net

LATINX

El Centro 828-290-7134 508 N. Grove St. elcentrohvl.com/ GED, adult literacy, digital literacy, financial workshops, inclusion & justice programs.

MEDICAID/HEALTH CHOICE

Department of Social Services 828-697-5500

MEDICAL TRANSPORTATION

Apple Country Transit

526 7th Ave. E.

Transit service at various stops in county & medical

Transit service at various stops in county & medical service. Give 1 day notice.

Medicaid Transportation 828-694-6163 For transport to any medical service that Medicaid covers. Give 4 days notice.

MEDICATION ASSISTANCE

Department of Public Health 828-692-4223 1200 Spartanburg Hwy. hendersoncountync.gov/health

Blue Ridge Community Health 828-692-4289 Multiple Locations.

Full-service pharmacy. Private insurance, Medicaid, Medicare, uninsured, discounts for qualifying patients.

The Free Clinics 828-697-8422 841 Case St.

PHYSICAL ACTIVITY & WELLNESS

Parks & Recreation 828-697-4884 708 S. Grove St. <u>hendersoncountync.gov/recreation</u>

YMCA 828-697-9622 810 6th Ave. W. ymcawnc.org Scholarships available.

PRIMARY/GENERAL HEALTH CARE

Department of Public Health 828-692-4223 1200 Spartanburg Hwy. hendersoncountync.gov/health Private insurance, Medicaid, sliding fee scale.

Blue Ridge Community Health 828-692-4289 Multiple locations.

Private insurance, Medicaid, Medicare, uninsured.

The Free Clinics 828-697-8422 841 Case St.

SEXUAL & REPRODUCTIVE HEALTH

Adult care for the uninsured.

Department of Public Health 828-692-4223 1200 Spartanburg Hwy.hendersoncountync.gov/health
Family planning, prenatal care, breast & cervical cancer screening. Private insurance, Medicaid, sliding fee scale.

Blue Ridge Community Health 828-692-4289 Multiple locations.

Family planning, prenatal care, child birth education, breast & cervical cancer screening. Private insurance, Medicaid, Medicare, uninsured.

Hendersonville OB/GYN Associates 27 Doctors Dr. 828-687-3800 hvilleobgyn.com

Private insurance (not Aetna), Medicaid, 20% discount for self-pay on day of service.

Pardee OB/GYN Associates 828-696-0897 512 6th Ave. W.

OB/GYN care. Private insurance, Medicaid, charity care.

AdventHealth OB/GYN 855-774-5433 100 Hospital Dr.

OB/GYN care, certified nurse midwife. Private insurance, Medicaid, sliding fee scale.

SOCIAL SECURITY/SSI

Social Security Office 800-772-1213 205 S. Grove St. ssa.gov



This resource is provided by the
Department of Public Health 828-692-4223
1200 Spartanburg Highway, Suite 100
Hendersonville, NC 28792
hendersoncountync.gov/health